

TEST GUIDELINE

2014 / 04 / 01

7th Kyu White belt. Kyu level all students start at
6th kyu White belt. 10 classes minimum

Just Kotai

1. Yuishinkai Aikido Kata with counting
2. Katate Kosadori Kokyunage
3. Katatedori Tenkan Kokyunage

5th Kyu Yellow belt - 25 classes *Kotai and Juntai level.*

1. Yuishinkai Aikido Kata with counting
2. Katatekosadori Kokyunage
3. Katatedori Tenkan Kokyunage
4. Shomenuchi Iriminage
5. Yokomenuchi Shihonage Omote and Ura
6. Munetsuki Kotegaeshi Katameru
7. Katadori Ikkyo Omote and Ura Katameru.
8. Kokyu dosa

4th Kyu Orange belt - 30 classes *Kotai and Juntai*

1. Yuishinkai Aikido Kata with counting
2. Katatekosadori Kokyunage
3. Katatedori Tenkan Kokyunage
4. Shomenuchi Iriminage
5. Yokomenuchi Shihonage Omote and Ura
6. Katatedori Shihonage Omote and Ura
7. Munetsuki Kotegaeshi Katameru
8. Katadori Ikkyo Omote and Ura Katameru
9. Katadori Nikyo Omote and Ura Katameru
10. Ushirodori Kokyunage Zenpo nage
11. Kokyu dosa

3rd Kyu Green belt - 35 classes *Ryutai level*

1. Yuishinkai Aikido Kata with counting
2. Katatekosadori Kokyunage
3. Katatedori Tenkan Kokyunage
4. Shomenuchi Iriminage
5. Shomenuchi Kotegaeshi Katameru
6. Yokomenuchi Shihonage Omote and Ura
7. Yokomenuchi Kokyunage Makikomi
8. Katadori Ikkyo Omote and Ura Katameru
9. Katadori Nikkyo. Omote and Ura. Katameru
10. Katadori Sankyo Omote and Ura. Katameru
11. Katadori Yonkyo Omote and Ura Katameru
12. Kokyu Dosa

2nd Kyu Brown Belt - 45 classes *Ryutai level*

1. Yuishinkai Aikido kata with counting
2. Katatekosadori Kokyunge
3. Katatedori Tenkan Kokyunage
4. Shomenuchi Iriminage
5. Shomenuchi Kotegaeshi
6. Yokomenuchi Shihonage Omote and Ura
7. Yokomenuchi Kotegaeshi
8. Katadori Ikkyo Omote and Ura
9. Katadori Nikkyo. Omote and Ura
10. Katadori Sankyo Omote and Ura
11. Katadori Yonkyo Omote and Ura
12. Ushirodori Kokyunage Zenpo nage
13. Ushiro Ryotekubidori Zenpo nage
14. Ushiro Ryotekubidori Ikkyo Katameru
15. Kokyu dosa

1st Kyu Brown Belt and Hakama - 70 classes. *Ryutai level*

1. Yuishinkai aikido Kata with counting
2. Katatekosadori 5 arts
3. Katatedori 5 arts
4. Katatedori Ryotemochi 5 arts
5. Shomenuchi 5 arts
6. Yokomenuchi 5 arts
7. Tsuki. 5 arts
8. Ushirodori , Ushirotekubidori 5 arts
9. Ryotedori 5 arts
10. Zagi handachi 5 arts
11. Zagi. 5 arts

Shodan

1. Sword of Nine Ways
2. Free Wielding Sword
3. Shooting Star
4. Butterfly
5. Bokken dori 5 arts
6. Tanto dori. 5 arts
7. Jo dori 5 arts
8. Jo nage. 5 arts
9. Shomenuchi 20 times - same waza OK
10. Yokomenuchi 20 times - same waza OK
11. Munetsuki 20 times - same waza OK
12. Sanningake

Nidan

1. Sword of Nine Ways
2. Free Wielding Sword
3. Shooting Star
4. Butterfly
5. Bokken dori 6 arts
6. Tanto dori. 6 arts
7. Jo dori 6 arts
8. Jo nage. 6 arts
9. Shomenuchi 30 times - same waza OK
10. Yokomenuchi 30 times - same waza OK
11. Munetsuki 30 times - same waza OK
12. Yoningake.

Sandan

1. Sword of Nine Ways
2. Free Wielding Sword
3. Shooting Star
4. Butterfly
5. Bokken dori 7 arts
6. Tanto dori. 7 arts
7. Jo dori 7 arts
8. Jo nage. 7 arts
9. Shomenuchi 100 times - same waza OK
10. Yokomenuchi 100 times - same waza OK
11. Munetsuki 100 times - same waza OK
12. Gonningake

Yuishinkai Aikido Kata

1. Kohotento Kata
2. Nikyo Kata
3. Kotegaeshi Kata
4. Sankyo Kata
5. Tekubimawashi Kata
6. Tekubishindo Kata
7. Funakogi Kata
8. Ikkyo Kata
9. Zengo Kata
10. Happo Kata
11. Tekubikosa Kata
12. Tekubikosa joho Kata
13. Sayu Kata
14. Sayuudo Chidori Kata
15. Tenkan Kata
16. Zenshin Koshin Kata
17. Udemawashi Kata
18. Shomenuchi Iriminage Kata
19. Ushirodori Kata
20. Ushirotekubidori Zenshin Kata
21. Ushirotekubidori Koshin Kata